

## 6-7 Day Machame Route Itinerary

### **Day1: From Machame gate to Machame Camp.**

After Breakfast in your hotel with a packed lunch you will drive to Machame gate(1800M) which takes less than an hour drive. You will then hike through the lush rain forest to get to Machame Camp for dinner and overnight

Elevation: 2835M

Distance: 11Kms

Time: 5 hours

### **Day 2: Machame Camp to Shira Cave Camp.**

After Breakfast you will still pass through beautiful rainforest but it won't be thicker like on the first day. You will pass through the Shira plateau and get to see a beautiful mountain scenery on route. You will stop for a short break and eat your snacks. You will then hike to reach the Shira Cave Camp for the hot Lunch.

Elevation: 3750M

Distance: 5 Kms

Time: 6 hours

### **Day 3: Shira Cave Camp to Baranco Camp.**

After a nice breakfast you will start your trek to Southwest of the mountain for 7 Kms and 4-6 hours to reach the Lover Tower(4600M) for hot Lunch and Acclimatization, meaning Climb high and sleep Low. After Lunch you will descend to Baranco Camp for dinner and Overnight

Elevation: 3900M

Distance: 3Kms

Time: 2 Hours

### **Day 4: Baranco to Barafu Camp.**

After breakfast you will start ascending the Baranco wall passing through the Kissing stone [Jiwe la kubusu in Swahili] to the top 4200M for about 3 Hours and take a short break for snacks. You will then walk 7Kms for 3hours to reach Karanga Camp( 3995M) for the Hot Lunch. After Lunch you will ascend to Base camp ( Barafu) for dinner and overnight

Elevation: 4673M

Distance: 4 Kms

Time: 4 hours.

### **Day 5 Barafu to Summit Midnight.**

After a cup tea/Coffee with snacks you will start your midnight climb to Crater rim and reach Stella point (5756M). The glorious sunrise will be breathe taking where you will stop for a short break and taking photos. After a short break you will walk for less than hour and reach the highest point in Africa (Uhuru peak). You will take a few minutes to take pictures and Celebrate on top of Africa and start descending down to Barafu Camp for a short rest. After resting you will eat your meals and descend to Millennium camp

Elevation: 3950M

Distance: 4Kms

Time 2 hours

### **Day 6: Millennium to Mweka Gate and Moshi.**

After breakfast start the descent through the beautiful rainforest to Mweka Gate which is 3.5 kms 2 hours for a short break and snacks. After break you will descend to Mweka Gate 10 Kms 3 hours and catch your waiting car to take you back to your hotel in Moshi.

**Important: \* Additional Day is recommended in day 4 at Karanga Camp for your body to fully Acclimatize.**